WE’RE HERE TO HELP!

Do you know a child who could wake up to nothing on Christmas Day?
Apply to Mission Christmas and put a smile on their face.

Go to mfr.co.uk/mission to find out more*
RVA Closing Dates

Ross - Shire Voluntary Action will close on Friday 20/12/19 at 1pm and the office will reopen at 9am on Monday 06/01/20.

We wish you a wonderful Christmas and a Happy New Year.

Community Car Scheme

CHANGE OF TELEPHONE NUMBER

To contact the car scheme, please use the telephone number below.

07 519 722 456
The Black Isle Community Car Scheme and the Ross-shire Community Transport Partnership will be closed from

Wednesday 18th December 2019 -
Wednesday 8th January 2020.

Thank you for all your support in 2019 and we look forward to being of service in 2020.

Vacancies

**Project Coordinator - Women in Highlands**

WEA have an exciting opportunity for a Project Coordinator, Supporting the Woman in Highlands Project. The WEA Highland team are looking for someone to join our innovative and exciting Women in the Highlands (WITH) project. If you have an interest in women’s issues and want to be part of a dynamic team, we would love to meet you.

As an experienced and capable person, you will be keen to engage with current and past learners on our Women in the Highlands project, and to support the project with admin duties. You’ll help us evaluate the work we’ve already done, and take part in planning as we go forward.

This role is to support our WEA Highland team, specifically the Project Organiser for Women in the Highlands. You’ll have a range of admin duties to support our tutors and the courses that they deliver.

A significant part of this post will be helping the WITH project to evaluate our work so far, and to plan where the project goes next. You’ll contact our learners, past and present, for interviews and case studies. You’ll need to be good with people, and be willing to travel to meet them.

For more information or to apply, Click [here](#)

**Closing date:** 13 December 2019
Inverness Badenoch & Strathspey CAB are looking for a client-focused individual with experience of providing welfare benefits advice and income maximisation benefit checks, to join us as a Multi Channel Adviser covering Money Talks Team and Help to Claim projects. In this role you will use telephony and webchat as well as seeing clients face-to-face to ensure they get the advice, information and support needed.

To succeed, you will need relevant experience and knowledge of the wider welfare benefit system including Universal Credit, demonstrating strong oral and written communication skills. You will be experienced on using benefit entitlement calculators and in explaining the results of the benefit check. We are also looking for a proven ability to work effectively and well organised. Proficiency using a range of IT tools to carry out your work, including case management systems, online claims’ services and Microsoft Office applications is essential. Committed, results-driven and supportive to the needs of others, you work well within a team and are willing to follow and develop agreed procedures.

For further details and information on how to apply, please email: admin@invernesscab.casonline.org.uk

Closing Date: 6 December 2019
Scotrail - Stations Community Regeneration Fund

The Stations Community Regeneration Fund enables business and community groups to transform redundant station rooms into facilities to benefit local people. Any projects that will aid communities or rail passengers will be considered for grants of between £5,000 and £75,000. Bids may also be made for larger sums, dependent on in-depth feasibility studies. Grants can be used to contribute towards the costs of any structural repairs and to assist with the costs of fitting out station premises for their intended use.

Your organisation should be a business meeting the needs of passengers or the local community, or a community based project which contributes to the local community.

For more information or to apply, Click Here

KLM Partnership - Community Benefit Scheme

The fund aims to help support the local communities in which KLM Partnership live, work and serve. The fund will support Community Groups, Sports Clubs, Charities, School Groups and all Community Initiatives. Applications will be reviewed by the Grant Awards Team and successful applicants will be notified within 28 days of the closing date.

Community groups in Dundee, Edinburgh and Highlands particularly, sports clubs, charties, school groups community initiatives.

For more information or to apply for funding click here

Deadline for Funding: 31st Dec 2019

The Cadogan Charity

The Cadogan Charity gives grants to recognised national charities, with particular reference to charities based in London and Scotland. They give under the categories of animal welfare, education, conservation and environment, military, medical research and social welfare.

You can apply for this funding if you are a Registered charities in London or Scotland.

For more information or to apply for funding at any time by emailing: paul.loutit@cadogan.co.uk
Screen Scotland - Cinema Equipment Fund

The Cinema Equipment Fund is for cinemas and venues to upgrade or install cinema screening equipment and aims to increase access to cinema and encourage resilience for film exhibitors based in Scotland. This fund will support existing cinemas to upgrade first generation Digital Cinema Initiative (DCI) compliant equipment, and support venues with advanced plans for film exhibition to install new equipment. The fund will also support community venues to upgrade or install film screening equipment (such as projector, screen, sound system and media player).

Screen Scotland are offering two levels of awards. For community venues, they anticipate award of up to £25,000 and for venues running DCI-compliant equipment, they anticipate awards being up to £100,000 to allow for installations in multiple auditoriums.

If you are a constituted group offering, or aiming to offer, a regular programme of film screenings then you can apply for this funding.

For more information or to apply for funding click [here](#).

**Deadline for Funding:** 28th Jan 2020

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Foyle Foundation - Small Grants Scheme

The Foyle Foundation supports smaller charities in the UK, especially those working at grass roots and local community level, in any field, across a wide range of activities. Grants are one-off.

The Foundation can only accept applications from organisations with charitable status. This includes registered charities, charitable incorporated organisations (SCIOs), excepted charities and exempt charities. Organisations must have an annual turnover of less than £150,000 per annum. Larger or national charities will normally not be considered under this scheme.

The application form and guidance can be downloaded from the website. It may take up to four months to receive a decision from the Trustees.

You can apply for this funding at any time by clicking the [here](#).
Launch of Highland Care Framework for Huntington’s Disease (HD)

2pm – 4pm, Tuesday 3 December 2019, Auditorium, Centre for Health Science, by Raigmore Hospital, Old Perth Road, Inverness, IV2 3JH

Speakers to include:
Professor Zosia Miedzybodziak, Consultant in Clinical Genetics and HD Clinical Lead for NHS Highland
John Eden, CEO, Scottish Huntington’s Association
HD family members and Health & Social Care staff

The event is open to anyone with an interest in improving care and support to HD families throughout the Highlands

For further details - and to reserve your place - please contact Alistair Haw, National Care Framework Lead, Scottish Huntington’s Association on 07736 457 247 or alastair.haw@hdscotland.org

View the Framework at care.hdscotland.org

First Friday
Third Sector Networking

Please join us to meet your neighbours for a drink and snacks

When: Friday 6th December from 4pm (drop in)

Where: WEA Office
42 Academy Street Inverness
(Above M&Co – door around the corner on Strothers Lane)

Why: A chance to meet the other voluntary & third sector partners working in your area, make new connections, share experience, and support one another

RSVP: Let us know you’re coming at j.holliday@wea.org.uk or just drop in!

1-5pm | Tuesday 3 December
Spectrum Centre | Inverness

trauma informed workplace training

Developing a workforce that is trained to be able to recognise where people are affected by trauma and adversity, and to be capable of responding in ways that prevent further harm and which support recovery.

Register on Eventbrite
£15 for members / £30 for non-members
Become a member today highlandtsi.org.uk/join-htsi
EU Settlement Scheme Information Session
16 December 2019
Eden Court

EU Citizens' Rights Project are holding a information session to help EU Citizens find out more about:

♦ What the EU Settlement Scheme is.
♦ When and how to apply
♦ Your rights as an EU citizen living in Scotland
♦ Services and resources to support you.

There will be a presentation followed by a Q & A with a legal expert. EU Citizens and their family members will be able to book individual appointments with an OISC Level 1 trained adviser, if they need help with the identity verification and application process.

About the organisers

EU Citizens’ Rights Project provides information, advice and support for EU citizens in Scotland and connects groups and organisations working with the community. You can read more about our project and EU citizens’ rights on our website: http://citizensrightsproject.org

The Vice-Consulate of Hungary in Edinburgh is operational, and manages the full range of consular affairs, except visa matters.

♦ There will be Hungarian interpreter at the event

***This event has been organised with an assistance of funding from the Scottish Government.

To register for this event please click [here](#)
Black Isle Community Car Scheme

COVERS: (Cromarty, Balblair, Culbokie, Resolis, Rosemarkie, Fortrose, Avoch, Tore, Conon, Maryburgh, Muir of Ord, North Kessock)

- The Volunteer time commitment is flexible & Training is provided
- Expenses paid to Volunteer Drivers & the Journeys are within your local Area
- Volunteer Drivers enable isolated members of the community to get out and about

Volunteer Drivers Required

“It may just be another short trip for you—but it may mean so much more to someone feeling isolated in their community”

For more information about becoming a Volunteer Driver please contact:

Ross-shire Voluntary Action on Tel no: 01349 862431 or email: biccs@rossvolact.org.uk
Can you spare an hour or so per month to volunteer in Ross-shire?

Some of our current opportunities:
- Helping at a new Thursday coffee morning once a fortnight in Dingwall.
- Helping at a new indoor bowling group in Muir of Ord once a fortnight on a Wednesday morning.
- Supporting a veterans drop-in once a month in Alness.
- Hospital volunteer, chatting to people and playing board games.
- Joining a new gardening group in Strathpeffer at the Museum of Childhood.

Contact Heather on 0734-2064381
Email: heather.gordon@voluntaryservice.org.uk
Do something great and volunteer!

RASASH open evening
come along and find out how you can get involved!

Monday December 2nd 6pm till 8pm
(Palace Hotel, Inverness)

We are excited to be able to invite new people to our team with a range of volunteering opportunities available:
- Support line
- Social media and/or website
- Fundraising and events
- Administration
- External holistic therapist
- Trustee

Many of our staff and volunteers find working at RASASH hugely rewarding personally as well as a positive learning experience. We hope if you volunteer with us you will too.

If you are interested please contact gwen@rasash.org.uk for more information and an information pack

SC045019

About WW100 Exhibition Volunteer

The major part of the Exhibition is a visual interpretation of war stories of people and events of WWI which has been created by very young people from across Scotland. The exhibition uses traditional premaking techniques combined with innovative technology.

About the opportunity:
As a WW100 Volunteer you will support the delivery of the WW100 exhibition when it is in your area.

This can involve supporting one of the key tasks below:
- Welcome members of the public and groups visiting WW100 exhibition on a daily basis.
- Assist with support to those visiting WW100 exhibition in a polite and professional manner.
- To understand people’s potential and actual needs of the exhibition staff as they arise.
- To maintain and replenish resources as required.

About you:
This opportunity will suit you well if you:
- Have excellent communication and interpersonal skills.
- Are friendly, approachable, reliable and dependable.
- Are committed to equality and diversity.
- Be flexible and able to work as a member of a team.
- Be able to work within agreed times.
- Be prepared to work within PoppyScotland’s health and safety guidelines.

Benefits for you:
- Career development opportunities within the charity.
- Flexible and able to work as a member of a team.
- Able to work with great instructors.
- Prepared to work within PoppyScotland’s health and safety guidelines.

About the time involved:
Volunteering with WW100 will be flexible and dependable on where it is located, we hope to have local volunteers across Scotland that we can rely upon when required.

What’s next?
For further information or to express your interest in this opportunity, please get in touch:

Online: www.poppyScotland.org.uk/volunteer
Email: volunteer@poppyScotland.org.uk
Phone: Sandra Cowrie - 0131 779 6200

poppyScotland

Bud Heritage Volunteer

About Bud
Bud is PoppyScotland’s brand new vehicle for education and learning, a truck that transforms into a mobile community space, complete with mini Bud, interactive exhibits and video displays.

About the opportunity:
As a Bud Heritage Volunteer, you will support the delivery of the Bud project when Bud is in your area.

This can involve supporting one of the key tasks below:
- Welcome members of the public and groups visiting Bud exhibit on a daily basis.
- Assistance with activities on Bud exhibit.
- To understand people’s potential and actual needs of the exhibition staff as they arise.
- To maintain and replenish resources as required.

About you:
This opportunity will suit you well if you:
- Have excellent communication and interpersonal skills.
- Be friendly, approachable, reliable and dependable.
- Be committed to equality and diversity.
- Be flexible and able to work as a member of a team.
- Be able to work within agreed times.
- Be prepared to work within PoppyScotland’s health and safety guidelines.

Benefits for you:
- Career development opportunities within the charity.
- Flexible and able to work as a member of a team.
- Able to work with great instructors.
- Prepared to work within PoppyScotland’s health and safety guidelines.

About the time involved:
Volunteering with Bud will be flexible and dependable on where it is located, we hope to have local volunteers across Scotland that we can rely upon when required.

What’s next?
For further information or to express your interest in this opportunity, please get in touch:

Online: www.poppyScotland.org.uk/volunteer
Email: volunteer@poppyScotland.org.uk
Phone: Sandra Cowrie - 0131 779 6200

poppyScotland

Bud Heritage Volunteer
**What’s On**

**Humpty Dumpty**
- *The Egg’s Factor*

By Jack Clancy

**Dingwall Players Christmas Panto**

DINGWALL ACADEMY
AUDITORIUM
DECEMBER 2019

Thursday 12 and Friday 13 at 7.30pm
Saturday 14 at 2.30 and 7.30 pm

Tickets £9  Concessions £7  Under 12- £5
From The Model Shop Dingwall High Street
Bookings of 10 or more call: 07766 9875202
Online at www.dingwallplayers.org

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**Merry Christmas**

Park Primary School
Christmas Fair
Friday 6th December 2019

Please come along and join us at our annual Christmas Fair, visit Santa in his Grotto, browse the children’s crafts, visitor/staff stalls and enjoy a tea or coffee.

Children will be visiting from:
- P1 & P1/2 9.15-10am
- P3 & P4 10-10.45am
- P5, P6 & P7 11-12pm

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**Bogbain at Christmas**

Christmas Gifts & Crafts, Santas Grotto, Vintage & Antique

Muzzled Cider, Mince Pies, Spiced Apple Juice, Tea, Coffee, Cakes and Snacks.

7th & 8th December 2019 10am - 4pm

bogbain@hotmail.com

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**Community Potluck Supper!**

Friday December 20th
6.00 - 9.30 pm
@Strathpeffer Community Centre

Bring a dish to share! Free Mulled Wine on arrival.  B.Y.O.B  Family Event

Come along and take the chance to relax and chat with friends and neighbours before the Christmas chaos takes over. Musicians are welcome to play or folk of fine voice to give us a song!

Donations on the door appreciated.

RSVP to:
INFO@STRATHPFEFFERCOMMUNITYCENTRE.ORG.UK
By Monday 16th Please - with a note if you are bringing savoury or sweet.
Learn, Laugh & Live!
USA membership offers new challenges, new opportunities and new friends

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Thursday 19 December at 2pm at the Baptist Church, Tulloch Street, Dingwall, IV15 9JZ
talk by
Adrian Clark “Evanton Community Wood – Past, Present and Future”

All Welcome

https://dubsties.org.uk/dingwall/home
tel: 01997 42012

SENSORY IMPAIRMENT AWARENESS OPEN DAY

WEDNESDAY 4TH DECEMBER 2019

PoppyScotland have joined forces with Action on Hearing Loss Scotland, Sight Action, Scottish War Blinded and NHS Highland to increase awareness of Sensory Impairment support available to the Armed Forces Community in the North of Scotland.

Drop in for a chat any time between 10am and 4pm to the PoppyScotland Inverness Welfare Centre on Strothers Lane to find out more.

SCOTTISH WAR BLINDED FOR ALL VETERANS WITH SIGHT LOSS

ACTION ON HEARING LOSS SCOTLAND A national charity, since 1975

INVERNESS MUSIC FESTIVAL 2020

27th February to 4th March 2020

Enter now!
Closing Date 20th Dec 2019

See syllabus for details
www.invernessmusicfestival.org

Volunteer helpers always needed!
email admin@invernessmusicfestival.org for details

MUSIC, DANCE & PERFORMING ARTS . . . FOR EVERYONE

Hike the Himalayas

10th - 20th October 2020

Join Team Highland Hospice as we explore the foothills of the Indian Himalayas. Lasting five days and reaching altitudes of 11,600 feet, our trek takes us through rhododendron forests and passes through Hindu settlements and Buddhist monasteries with stunning views of the mountains. To end our amazing challenge, we have some free time to explore the incomparable Taj Mahal!

Contact Katie Gibb on 01463 227907 or k.gibb@highlandhospice.org.uk
www.highlandhospice.org/himalayas

Hightland Hospice is a registered Scottish charity no SC011227
FRI 6th DEC
6 - 9PM

CHRISTMAS FAIR
at
DINGWALL ACADEMY

• Free Entry
• Food Court
• Santa’s Grotto
• Festive Food & Drink
• Christmas Entertainment
• Beautifully Crafted Gift Ideas

A VICTORIAN CHRISTMAS
At the
Old Station, Strathpeffer
Saturday 7th December
11:00 AM - 3:00 PM
BUILDING a vibrant Black Isle which can thrive in an age of declining fossil fuels is the challenge being tackled by an innovative community group.

Transition Black Isle - known as TBI for short - is all about practical, positive ways of working on some of the most serious issues facing people both locally, and across the globe, today.

Climate breakdown and finite supplies of fuels such as oil and coal, which power our current high energy lifestyles, mean things need to change dramatically.

Transition Black Isle was formed 10 years ago by a group of folk alarmed about the lack of action at government level to combat climate change.

As well as being prepared to face the issues TBI has drawn together people from a broad range of backgrounds to work together to make our communities stronger and safer.

“When you’re so heavily dependent on food shipped from all over the world, it makes you extremely vulnerable,” explained Wendy Price, one of the pioneers who founded Transition Black Isle in 2009.

“We all rely on fossil fuels, such as coal and oil, so much so that often we’re not really aware that without it we’d be in huge trouble. As well as heating homes and fuelling cars, oil based products are heavily used in many aspects of everyday life.”

There has been an explosion in publicity and concern about climate chaos recently, with groups like Extinction Rebellion and the young people behind the global climate strikes highlighting the terrifying consequences of our addiction to fossil fuels.

Looking at long-term ways forward which aim to solve problems for good rather than putting them off for future generations to deal with has been heart of the Transition movement since the outset.

The first group started in Totnes in Devon in 2005 and the movement has now spread to more than 50 countries across the globe. The emphasis is on the positive; pulling together with a shared purpose brings people together, creating stronger, more pleasant communities to live in.

“What really appeals to people is the fact it’s not all about focusing on the threats, which can be depressing and overwhelming,” explained TBI chair Julie Gibson.

‘Rather we’re about placing the spotlight on ways to make our communities more resilient.’

Black Isle residents' car use was reduced by one per cent - or a million miles per year - through measures to boost cycling, public transport and car sharing during TBI’s Million Miles campaign.

The legacy from that project includes an active travel map of the Black Isle, recommended cycle routes, and a bike hire business.

The Highland Liftshare website set up by the Million Miles team has been adopted by Hitrans, and rebranded Hitravel. TBI is currently investigating the possibility of a cycle route between Avoch and Munlochy, to avoid the busy main road.

TBI also runs a wide range of food- and growing-related activities, including community markets, the Grow North programme of practical gardening and craft workshops, and the hugely popular Potato Day held each spring in North Kessock.

A seed swap, encourages local growers to save seed from their produce, and spread some more unusual heritage varieties, many of which are no longer commercially available.
TBI also has a community apple press which was busy throughout the autumn. Last year more than 1000 litres of juice was produced. The most recent addition to help preserve the Black Isle’s rich produce is a pasteuriser, which is available for hire.

Events focusing on energy issues, have included ‘Greening Homes and Gardens’ open days which were adopted across Scotland by the Energy Saving Trust.

Another integral strand of Transition work is helping people look after themselves and prevent ‘activist burnout’ which has been prevalent in many environmental groups.

In the autumn, the group celebrated its 10th birthday in style at a ceilidh featuring music from the fabulous Astar Youth Ceilidh Band.

Julie Gibson said: ‘The word “resilience” came to mind as we prepared for our birthday celebration at Resolis Hall. There was a torrential downpour, and water literally poured into the hall kitchen corner through a vent! We mopped up and carried on with the preparations.

‘Community resilience in the face of now undeniable climate change will be crucial as we learn how to cope with its impact.

‘Ceilidhs are excellent Scottish community builders. We saw this in action during an evening of great music, fine local food and good company and dancing, as long standing and newer TBI members came together to celebrate its first decade.

‘People are facing up to issues, thinking creatively – and having a lot of fun along the way.’

For further details and information on forthcoming events see: www.transitionblackisle.org
Are young people volunteering in your organisation?

...And have you considered registering as a Saltire Provider?

Saltire Awards is a special way of celebrating and recognising the volunteering achievements of young people in Scotland

What is it?

Saltire Awards is the Scottish Governments national youth volunteer awards. They celebrate, recognise and reward the commitment, contribution and achievements of young volunteers in Scotland, aged between 12 and 25.

Young people gain nationally recognised certificates, signed by Scottish Government Ministers, for the different amounts of volunteering they do.

Saltire Awards helps young volunteers to reflect on, capture and communicate their learning and development gained through their volunteering.

Who is it for?

Saltire Awards is for young people between the ages of 12 and 25 and who are volunteering for the benefit of the community or a good cause.

Saltire Awards is delivered in each local authority area by the local Third Sector Interface (TSI) They provide support and assistance on achieving and accessing the Saltire Awards.

To find out more information, or how to register your organisation, please visit:

https://saltireawards.org.uk/